Is self-directed support making a difference to your life?

Help us to find out

REVIEW QUESTIONNAIRE

What is this questionnaire about?

This questionnaire is being used by Oxfordshire County Council to evaluate the impact of self-directed support on the lives of people who take it up.

This version of the questionnaire is to ask you if self-directed support has made a difference to your life, and is to be used ***around the time of your review***.

You can:

- Read the questionnaire and answer the questions yourself;
- Ask someone to read the questions to you for you to answer;
- Or answer the questions with help from someone you know and trust.

If you agree, there are two ways that the answers you give to this questionnaire can be used by Oxfordshire County Council. Whatever you agree to, your personal details will not be shared with anyone outside Oxfordshire County Council and no-one outside Oxfordshire County Council will be able to identify you from your answers.

The first way we can use the information is to evaluate how well self-directed support is working locally. Please look at the box below and say whether you agree to your answers being used in this way.

Agreement 1

I agree that Oxfordshire County Council can use the information I give in this questionnaire to evaluate how well self-directed support is working locally.

I understand that my personal details will not be shared by anyone outside Oxfordshire County Council.

Yes, I agree ☐

No, I do not agree ☐

The second way we can use the information is to put your answers (but not your personal details) together with answers from people in other areas, with help from Lancaster University. Lancaster University is helping us to put our information together with information from other areas to understand how well self-directed support is working nationally, and to improve the questionnaire. This will involve writing reports that will be available to the public, but these reports will only be about large groups of people and you will not be able to be identified in any reports that are written.

Agreement 2

I agree that Oxfordshire County Council can pass the answers I give in this questionnaire (but not my personal details) to Lancaster University, for them to help us get a national picture of how well self-directed support is working.

Yes, I agree ☐

No, I do not agree ☐

If you have agreed, we will send a copy of every completed questionnaire to Lancaster University at the address below:

Professor Chris Hatton, Division of Health Research, Lancaster University, Lancaster, LA1 4YT

Oxfordshire County Council will fill in the user ID and the date completed, and keep the questionnaire on file.

Self Directed Support Questionnaire

Please help us by taking a few minutes to answer the questions below.

Personal Details	
Name:	
Date Of Birth:	
Gender:	Male ☐ Female ☐

1. What are the three things that matter most to you?
1) 2) 3)
Could you say what you think the reasons are why you have / haven't achieved them?

2. How do you hold your personal budget?	
A direct payment (money from Oxfordshire County Council paid into your own bank account)	☐
An indirect payment (money from Oxfordshire County Council held for you by another person like a friend, relative, or A4E)	☐
An Oxfordshire County Council held budget (Oxfordshire County Council uses my budget to arrange services on my behalf)	☐
My personal budget has not been set up yet	☐
I fund my own care	☐

3. How long have you been using your personal budget? (please tick one answer)			
Less than 1 month	☐	6 months – 1 year	☐
1 month - 3 months	☐	More than a year	☐
3 months – 6 months	☐		
My personal budget has not been set up yet	☐	I am a self-funder (skip 4b)	☐

4. Have Oxfordshire County Council made it easy for you to…			
a) Find out about self-directed support?	Yes ☐	Not sure ☐	No ☐
b) Get control over the money?	Yes ☐	Not sure ☐	No ☐
c) Plan the support you want?	Yes ☐	Not sure ☐	No ☐
d) Get the support you want?	Yes ☐	Not sure ☐	No ☐

5. What is it that you spend your budget on as part of Self Directed Support? Please tick all that apply to you			
Short term breaks in a registered home	☐	Education or training	☐
Leisure activities	☐	Holidays	☐
Public transport or taxis	☐	A car	☐
Day centre	☐		
Someone to help you in your house	☐	Personal assistants	☐
Family members to help	☐	Friends to help	☐
Please write in what activities these people support you with			
Please write in anything else that your personal budget is spent on			

6. In helping you access self directed support, what has Oxfordshire County Council done well and what does it need to get better at? (please write in)

7. Over the past three months, has your health…		
Got better ☐	Stayed the same ☐	Got worse ☐
Has Self Directed Support made a difference to your health?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

8. In the past three months, have you felt more or less safe when you're at home?		
Feel more safe ☐	Feel the same ☐	Feel less safe ☐
Has Self Directed Support made a difference to how safe you feel at home?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

9. In the past three months, have you felt more safe or less safe when you go out?		
Feel more safe ☐	Feel the same ☐	Feel less safe ☐
Has Self Directed Support made a difference to how safe you feel when you go out?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

10. In the past three months, have you had more money or less money to get the support you want?		
Have more money ☐	Stayed the same ☐	Have less money ☐
Has having a personal budget made a difference to the total amount of money you get?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

11. In the past three months, have you had more control or less control over the support you use?		
Have more control ☐	Stayed the same ☐	Have less control ☐
Has Self Directed Support made a difference to the control you have over your support?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

12. In the past three months, would you say your social life has:		
Got better ☐	Stayed the same ☐	Got worse ☐
Has Self Directed Support made a difference to your social life?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

13. In the past three months, have the people supporting you treated you with more respect or less respect?		
More dignity ☐	Stayed the same ☐	Less dignity ☐
Has Self Directed Support made a difference to whether you are treated with respect by the people supporting you?		
It has helped ☐	It has made things worse ☐	It has made no difference ☐

14. Do you think there is enough money in your personal budget to meet your needs?		
Yes ☐	Not quite ☐	No ☐

15. Is the process you have been through to get your personal budget easy to understand?		
Yes ☐	Fairly ☐	No ☐

16. Is the process you have been through to get your personal budget transparent (i.e., do you understand how your budget has been allocated?)		
Yes ☐	Fairly ☐	No ☐

17. Did you feel you had enough assistance to put together your support plan?		
Yes ☐	Not quite ☐	No ☐

18. Did you feel you had enough assistance to find and set up support to meet your needs?		
Yes ☐	Not quite ☐	No ☐

19. Who assisted you to plan and arrange your support?		
Care Manager/Social Worker ☐	Internal (Oxfordshire County Council) broker ☐	External broker ☐

20. Have you received social services from Oxfordshire County Council in the past?		
Yes ☐	No ☐	Not sure ☐

21. If yes, did you find this new way of delivering services better or worse?		
Better ☐	Worse ☐	No difference ☐

22. Please look at this list of areas of your life. Can you say for each one whether your personal budget has helped, made things worse, or made no difference in the past three months.

Can you also tick each area of your life that you really want to change in the next year?

Area of Life	*Personal budget helped*	*Personal budget made things worse*	*Personal budget made no difference*	Yes, I really want to change this area of my life in the next year
The home you live in	☐	☐	☐	☐
The neighbourhood you live in	☐	☐	☐	☐
Who you live with	☐	☐	☐	☐
The money you get	☐	☐	☐	☐
What you do during the weekdays	☐	☐	☐	☐
Paid work	☐	☐	☐	☐
Volunteering	☐	☐	☐	☐
Helping your local community	☐	☐	☐	☐
What you do in the evenings	☐	☐	☐	☐
What you do at weekends	☐	☐	☐	☐
Holidays	☐	☐	☐	☐
Relationships with your family	☐	☐	☐	☐
Close relationships	☐	☐	☐	☐
Relationships with friends	☐	☐	☐	☐
Your physical health	☐	☐	☐	☐
Your mental health	☐	☐	☐	☐
The control you have over your life	☐	☐	☐	☐
Who supports you to do things	☐	☐	☐	☐
Something else important (please write in)				

23. As discussed earlier; regarding the three most important things to you, has Self Directed Support helped you to achieve/ continue them?
Yes / Yes – not fully achieved but happy with progress / No 1) 2) 3)
Could you say what you think the reasons are why they have / haven't been achieved?

24. How did you answer the questions?	
I answered the questions myself	☐
I answered the questions with help from someone else	☐
Someone else mainly answered the questions	☐

25. Is there anything else you want to tell us about your self-directed support or the questionnaire?

Thank you

Section for use by Oxfordshire County Council	
User ID	
Date completed	